



COMMIT TO QUIT

TPSD employees enjoy the benefits of working in a Smoke-Free Environment, but many are still not

TOBACCO FREE!

CIS offers a comprehensive program to help tobacco users quit for good.

- Get help now with:**
- Physician Evaluations
 - Supportive Services (Individual or Group Counseling)
 - Medications (Prescription & Nicotine Replacement)

CIS can help TPSD Smokers Kick the Habit FOR GOOD!

Services are available to TPSD Employees & Families.

You may qualify to receive these services FREE!

TERREBONNE
Parish School District



Are You a Resident of Louisiana?



Did You Smoke a Cigarette before September 1, 1988?

Call Rebecca at 985.873.5608 for more information.